



Chilwell Croft Academy

All Different, All Equal, All Achieving

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Equitas Academies Trust

Monday 14th December 2020

Dear Parents and Carers,

FOR PARENTS OF 3F AT CHILWELL CROFT ACADEMY

Advice for Child to Self-Isolate for 10 Days

We have been advised by Public Health England that there has been a confirmed case of COVID-19 within class 3F.

We have followed the national guidance and have identified that your child has been within a classroom with the affected staff. In line with the national guidance we recommend that your child now stay at home and self-isolate until Monday 21st December.

We are asking you to do this to reduce the possible further spread of COVID 19 to others in the community. If your child is well at the end of the 10 days period of self-isolation, then they can return to school and usual activities.

Other members of your household can continue to come to school, including siblings at Chilwell Croft Academy, provided your child does not develop symptoms within the 10 day self-isolation period.

Please see the link to: Guidance for contacts of people with confirmed coronavirus (COVID-19) infection who do not live with the person

<https://www.gov.uk/government/publications/guidance-for-contacts-of-people-with-possible-or-confirmed-coronavirus-covid-19-infection-who-do-not-live-with-the-person>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

The 10-day period starts from the day when the first person in the house became ill. Household members should not go to work, school or public areas and exercise should be taken within the home. Household

members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community

Symptoms of COVID 19

The most common symptoms of coronavirus (COVID-19) are recent onset of:

new continuous cough and/or
high temperature and/or
a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Home Education

All children have access to home learning which can be accessed from 9:00 am on Seesaw. Children all have Seesaw and Times Table Rock Stars logins.

Please do not hesitate to get in contact if you have any further questions.

Kind Regards

A handwritten signature in black ink that reads "Mr. Murphy". The signature is written in a cursive style with a large, sweeping underline that extends under the entire name.

Andy Murphy
Acting Headteacher